

**FOR IMMEDIATE RELEASE**

## **Coronavirus Online Therapy Now Offering Free and Low-Cost Telehealth For COVID-19 Essential Workers**

BOULDER, Colo., May 5, 2020 – All front-line workers across the United States providing essential services during the COVID-19 pandemic now have access to a new health resource created specifically to serve their needs.

Established in March 2020 in response to the COVID-19 crisis, Coronavirus Online Therapy ([coronavirusonlinetherapy.org](http://coronavirusonlinetherapy.org)) aims to connect essential workers in all 50 U.S. states with licensed private practice therapists who have volunteered to provide free or low-cost, short-term, online therapy. All essential workers including first responders, medical technicians, grocery store workers, and others, are eligible to participate.

“We believe in providing a therapeutic space that delivers high quality therapy in a timely and inexpensive way,” says Jennifer Silacci, LCSW, SEP, founder of Coronavirus Online Therapy. “By eliminating the need for a referral and putting the control directly in the hands of our clients, we can provide a quick and free or low-cost option for our essential workforce to immediately receive the mental health care they need during this pandemic.”

Essential workers who visit the online platform can be quickly matched with three participating therapy providers, simply by entering some basic information such as budget, location and level of need. All therapists in the collective are offering four 45-minute sessions ranging from \$0 to a maximum of \$50 per session.

Within the first month of service, the website has received 75,000 visits, enrolled 3,500 therapists and matched hundreds of clients.

In addition to client services, Coronavirus Online Therapy is also providing training and support for its network of participating therapists. The organization is offering professional workshops and continued education opportunities for helping clients cope with the pandemic and ensure that they themselves don't burn out while living through a shared trauma experience.

### ***About Coronavirus Online Therapy***

Coronavirus Online Therapy is a nonprofit organization with pending 501(c)(3) status whose mission is to deliver free or low-cost online therapy by licensed professionals in all 50 states to essential workers during the coronavirus pandemic. Coronavirus Online Therapy also serves as a training provider and support network for psychotherapists. Its vision is to eliminate common obstacles such as cost and accessibility that can prohibit clients from receiving services. For more information, visit [www.coronavirusonlinetherapy.org](http://www.coronavirusonlinetherapy.org).

**Note to editors:** Jennifer Silacci and other members of our Advisory Board are available for media interviews, such as [this April 24 NBC News feature](#).

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